

DONATIONS REQUESTED

PERIOD POVERTY DONATIONS

Period Poverty refers to the challenges many face in paying for menstrual hygiene products. For the 2024 ACP-Wisconsin charitable donation drive we want to highlight both donations of period and incontinence products as well as awareness of the challenges of period poverty.

Menstrual hygiene products, including tampons, pads, reusable menstrual cups, and other products, are important health tools for managing periods for the more than 800,000,000 people globally who menstruate on any given day. The average person who menstruates uses between 10 to 35 pads or tampons per cycle, and uses up to 16,800 products over the course of their lifetime. However, many are unable to afford or otherwise lack access to these basic necessities. In one study, 64 percent of low-income women were unable to afford needed menstrual hygiene products in the past year. Additionally, menstrual hygiene products are generally not covered by public health and nutritional programs and are not exempt from sales tax in Wisconsin.

ACP has long believed that women should have access to affordable, comprehensive, and nondiscriminatory health care coverage over the course of their life. Our ACP-Wisconsin chapter sent a Voter Voice in early 2024 in support of a bill that would have created a sales and use tax exemption for incontinence and menstrual hygiene products. Please continue to let your legislators know that we support improved access to these essentials.

In addition, please bring to our chapter meeting donations of products to address period poverty such as:

- tampons
- menstrual pads
- menstrual cups: <https://saalt.com/>
- period underwear: <https://period.co/>

Alternately, consider in-kind or monetary donations to the following organizations that provide incontinence and hygiene products to those in need:

Milwaukee: <https://www.milwaukeeidiapermission.org/period-program>

Madison: <https://babiesandbeyondwi.org/>

Green Bay: <https://jakesnoh.org/>

Appleton: <https://monthliesproject.com/>

Wausau: <https://neighborsplace.org/Content/Donate-Goods.cfm>

LaCrosse: <https://www.nhagainstabuse.org/>