



ACP[®]
American College of Physicians
Leading Internal Medicine, Improving Lives

Virginia
Chapter

November 2024

Chapter News

2024 Annual Meeting

The Annual Scientific Meeting was held on September 27-28 at The Westin Tysons Corner in Falls Church. The Program Planning Committee provided an outstanding educational program. There were over 160 total registrants for the meeting and the Chapter collected over \$30,000 in exhibitor fees.

Thank you to the members who made donations to the community fund drives. The Northern Virginia Mental Health Foundation received \$350 and the Arlington Free Clinic received \$375 in donations.

Thank you to all of the members who recycled a name tag!

11.25 CME credits and 11 MOC points are available and maybe claimed until September 27, 2025. The link below will take you to the evaluation survey to claim your CME. You must log in to ACP online to claim CME and view slides.

CLAIM CME

Meeting Hub - Slides are available

2024 Annual Resident Meeting

The annual Resident Meeting was held in conjunction with the Annual Scientific Meeting on Saturday, September 28th. The meeting featured abstract competitions and the annual Doctor's Dilemma Contest. The participating residents showcased scholarly work from across the Commonwealth. The list of winning abstracts is below and the winner of each oral competition category is eligible to compete in the National Poster Competition at IMM 2025 in New Orleans in April. Five residencies competed in Doctor's Dilemma this year. VCU came out victorious for the second year in a row. Three VCU residents will represent the Virginia Chapter in the National Doctor's Dilemma Competition at IMM 2025.

2024 Abstracts Winners Residents

High Value Care

1st place

Duration of steroid taper in acute COPD exacerbations with acute hypoxic and/or hypercapnic respiratory failure to prevent hospital readmissions

Lily Erdal, **Houria Balmakhtar DO**, Joshua Collette DO, Esther Piervil, William Cox DO, Satvika Nimmagadda, HCA Lewis Gale Hospital Montgomery, Blacksburg

Quality Improvement

1st place

Increasing Routine Lab Collections Before Midnight

Ty Achtermann, Tony Coppola MD, Morgan Francis MD, Eric Schafer MD, Evan Ritter MD, Amanda Magruder RN, Eric Carpenter RN, Alexander Rittenberg MD, Virginia Commonwealth University Health System, Richmond

Wellbeing/Professional Fulfillment

1st place

Resident Perception of Inbasket Management and EHR Related Burnout

Heather Frazier, Zachary Boggs MD, Rachel Kon MD, University of Virginia, Charlottesville

Research

1st place

Using Endobronchial Ultrasound-Guided Forceps Biopsy to Improve Yield of Rapid On-Site Examination During Bronchoscopy

Kyle Admire, Stephen Gegick MD, Joshua Sill MD, Eastern Virginia Medical School, Norfolk

Clinical Vignette

1st place

A Diagnostic Crossroads: Three Causes of Inflammatory Arthritis in One Patient

Alexander Pio Poblete, Minisha Lohani DO, Gregory Trimble MD, Inova Fairfax Hospital, Fairfax

2nd place

Chyl-lateral Damage: Dasatinib-Induced Loculated Chylothorax

Zaid Naseer, Jeffrey Rehm MD, Sagah Ahmed MD, Mary Washington Healthcare Program, Fredericksburg

3rd place

Oligometastatic Non-Small Cell Lung Cancer Masquerading as Pituitary Macroadenoma: A Diagnostic Challenge

Alexander Mink, Meric Mericililer, Virginia Commonwealth University Health System, Richmond

Poster Session

1st place

An Original Cause for a Fever of Unknown Origin

Ethan Flathers, Dustin Platte, Abdul Moez, Sami Tahhan MD FACP FHM, Eastern Virginia Medical School, Norfolk

2nd place

Pneumocystis Jirovecii and Mycobacterium Avium Complex Coinfection in Patient Receiving Chemotherapy for Ampulla of Vater Adenocarcinoma

Bhavana Baraskar, Natalia Fongrat DO, Jenna B McAllister MD, Mary Washington Healthcare Program, Fredericksburg

3rd place

Streptococcus agalactiae (Group B Streptococcus) Meningitis in a Returned Traveler

Jordan Hay, LT Ashley Serjillus MD MC USN, LCDR Michael Roth MD MC USN, LT Michael Boatwright DO MC USN, US Navy, Chesapeake

2024 Annual Student Meeting

The annual Student Meeting was also held in conjunction with the Annual Scientific Meeting on Saturday, September 28th. The Student Meeting featured several workshops for the students, including CV development, morning report best practices, a resident panel and, an all time favorite, the Program Directors Panel. The students also shared their scholarly work in a poster competition.

2024 Abstract Winners Students

Poster Session

1st place

Adaptable Management of Severe Aortic Stenosis in a Patient with Extensive Peripheral Vascular Disease

Raymond Hogge, Jacob McAuliffe MD, Matthew R. Summers MD FACC, Eastern Virginia Medical School, Norfolk

2nd place

Transportation Barriers Impeding Patients' Ability to Receive Care at Student Run Clinic

Sarah Belay, Jeffery Shipley, Michael Makutonin, Paul Jacob, Maria Portela MD, George Washington University School of Medicine, Washington, DC

3rd place

Perceptions of Physician Compassion in an Outpatient Clinic Setting

Rebecca Fetter, William Crafton, Alexis Hernandez, Alvin Maliakal MD, Julie D. Sill PhD, Ayaan Khan, Rehan Qayyum MD, Eastern Virginia Medical School, Norfolk

Thank you to the Program Planning Committee, meeting speakers, the Resident and Student Councils and their Faculty Advisors and the numerous judges! These Chapter members all volunteered their time and expertise to help make this an engaging and very successful multi-meeting weekend!

Committee Spotlight

Climate and Health Committee

The committee, chaired by Dr. Homan Wai (Inova), was created in 2023 in response to the growing recognition of the profound health effects of climate change, supported by prominent reports including the WHO, Lancet, and ACP's very own position papers. The committee members, who are passionately interested in the nexus between climate change and health, work with the other VA ACP committees to increase awareness of the health effects of climate change and investigate/implement changes to enhance the Chapter's green practices.

Dr. Wai has been instrumental in guiding the Chapter's green practices. The 2024 Annual Scientific Meeting was planned with an intentional focus on sustainability. Dr. Wai is interested in growing this committee. If you are interested in joining the Climate and Health Committee, please reach out to [Sarah Wardrop](#) or [Dr. Homan Wai](#).

The Climate and Health Committee is sponsoring a webinar on November 19th. Consider joining Dr. Shirley Kalwaney and your colleagues to learn about how your diet impacts the climate. This webinar is free. Registration is required and the webinar offers 1.5 hours of CME credit.



CLIMATE AND HEALTH: HOW DIET CAN HELP

TUESDAY, NOVEMBER 19TH
7:00 - 8:30PM
ZOOM

Featuring
Shirley Kalwaney, MD FACP
Director of Graduate Medical
Education and
Hospitalist/Endocrinology
Inova Health System



1.5 hours of CME credit available



Virginia
Chapter

[Register Here](#)

ACP Benefit Spotlight

How to become an ACP Fellow (FACP)

Fellowship in the American College of Physicians is a peer-reviewed and peer-supported credential that is a public reflection of excellence within the internal medicine profession. FACP signifies an ongoing dedication to the profession of internal medicine, the patients we care for, and the communities we serve. The FACP credential also signifies professional credibility and helps enhance and advance your career, regardless of your career path as an internal medicine physician. It adds value to your CV, your promotions package, and your applications for career development opportunities. Fellowship in ACP makes you eligible for leadership positions in ACP at both the chapter and national level.

If you can check all of these requirements ...

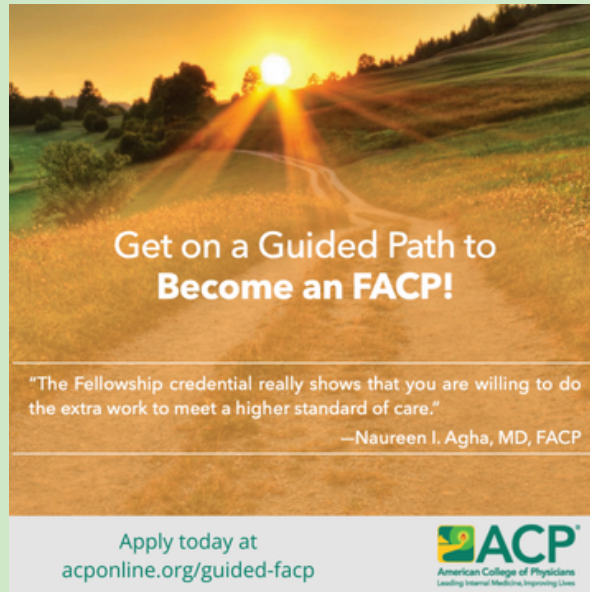
- At least 3 years' experience post residency training
- ACP member in good standing for 3 of the past 4 years
- Initial Board certified in internal medicine or neurology
- Active medical license in good standing (if in clinical practice)



... and can demonstrate activity in three of the four pillars of Fellowship
... then you are ready to apply!

APPLY NOW

Interested in ACP Fellowship, but don't meet the requirements yet?



Join the exclusive ACP Guided Fellowship Program

The ACP Guided Fellowship Program is a member-exclusive program that empowers early career physicians to grow and enhance their careers with a structured path to achieve ACP Fellowship over three years. Throughout this period, you are provided with professional development opportunities and support to help you achieve your FACP credential. Enrollment is open to physicians who completed residency in June 2024 or June 2023. Visit the Guided Fellowship website to enroll for free today!

[LEARN MORE](#)

Upcoming Virginia ACP Meeting Dates

2025 Annual Meeting

September 26 - 27, 2025

Hilton Short Pump

Upcoming Webinars

Climate and Health: How Diet Can Help

Shirley Kalwaney, MD FACP

November 19, 2024

7:00 - 8:30 pm, 1.5 hours CME credit

IM Speaks Series presented by ACP Illinois Southern Chapter*

Common sports medicine and orthopedics issues for the internist: a quick review

Charles Miller, DO, CAQSM, Sports Medicine, OSF Healthcare, Peoria, IL

November 21, 2024

7:00 - 8:00PM CT^ (8:00 - 9:00pm ET)

[REGISTER HERE](#)

Women and Medicine Committee Webinar

Panel Discussion

February 20, 2025

5:30 - 7:00pm

*CME application being submitted, details will be available upon approval

Wellbeing Committee Journal Club (virtual)

January 16, 2025

7:00 - 7:30pm

Registration coming soon

*"IMSpeaks," an engaging webinar series designed exclusively for IM physicians. In this thought-provoking series, delve into evidence-based practices and clinical pearls that will fuel your practice. Led by esteemed experts, each update offers you the latest research, case studies, and innovative approaches. This program is presented by the ACP Illinois Southern Chapter. This is a monthly series which has a different topic each month. All ACP members are invited to attend.

Other Important Dates

MSV White Coats on Call

February 6, 2025

Richmond, VA

ACP IM Meeting

April 3-5, 2025

New Orleans, LA

EARLY BIRD REGISTRATION

*Chapter Reception will be held on Friday evening starting at 6:30pm at the New Orleans Aquarium. More details to come!

Don't forget to book your hotel room! The New Orleans Marriott is the headquarter hotel.

ACP Leadership Day

April 28-29, 2025

Washington, DC