

March 2025

Chapter News

Check out the latest news!

Governor's Advisory Council

2025 Call for Nominations

Resolutions

Call for Fall 2025 Resolutions

IMM 2025

Registration, state speaker list and reception details

ACP News

Upcoming Dates

GOVERNOR'S ADVISORY COUNCIL CALL FOR NOMINATIONS

Many of you have asked how you can be more involved with the Chapter. Now is your chance! I invite you to be a representative on the Virginia Chapter Governor's Council. The Council plays a vital role in all activities of our organization. As an elected representative, you will have the opportunity to work with a wonderful group of physicians from throughout the state. Elections are held on a regional basis. This is a call for nominations for all regions.

There are 5 regions as follows:

- · Region 1-- (Northern Virginia) Zip codes 20100-20199 and 22000-22399
- · Region 2 -- (Richmond area) Zip codes 22400-22599 and 23000-23299
- · Region 3 -- (Tidewater area) Zip codes 23300-23399, 23400-23499, 23500-23599, 23600-23699, 23700-23799, 23800-23899
- Region 4 -- (Winchester/Charlottesville/Harrisonburg area) Zip codes 22600-22699, 22700-22799, 22800-22899, 22900-22999, 24590
- · Region 5 -- (Lynchburg/Danville/Roanoke) Zip codes 23900-23999, 24000-24099, 24100-24199, 24200-24299, 24300-24399, 24400-24499, 24500-24589, 24591-24599, 24600-24699

Elected representatives should be available to serve for a three-year term. You can run as often as you like. If you are interested in serving on Council, please review the description of duties for this position, which can be found below. If you are nominating someone else, please be sure to have their approval prior to submitting their name. Use the appropriate region nomination form linked below to submit a nomination. Each nomination should include an up-to-date CV and a short one paragraph bio that is sent out to the voting members.

Nomination forms links:

Region 1

Region 2

Region 3

Region 4

Region 5

All nominations must be submitted by Monday, May 1, 2025.

ACP VA Council Member Responsibilities

- Attend meetings of the Council/Board (3/year, one in-person, two virtual, plus email correspondence and phone conferences for committee work).
- Council members are the liaison between leadership at the Chapter and the local members. It is the responsibility of each Council member to communicate to local colleagues the many programs and services ACP provides. Council members will be expected to provide feedback on membership needs and responses/ideas.
- Membership is the responsibility of the Council. Council members are asked to become involved in membership recruitment and retention. Again, local needs will dictate how membership will be addressed.
- Council members are asked to supplement and support any ACP activity in their region based upon local needs. The Council member is asked to lend expertise and assistance with projects throughout the year. Local needs take into account both the academic and the practice environment, keeping in mind that program planning needs to be broad enough to appeal to the majority of our members. Local meetings can be any type of gathering that might attract different groups at different times. Examples of formats include the clinical update, meetings with or without CME credit on subjects including scientific, practice management, advocacy. Social functions, hospital grand rounds, town hall forums, and member segment specific programs (i.e., resident) may be held and Council members are asked to support those programs.
- Council members are asked to serve on a Chapter committee. The committee
 may have teleconferences throughout the year to facilitate reaching annual
 goals set by the committee at the Strategic Planning meeting.
- Council members are asked to keep the Executive Director updated on contact information. Throughout the year the Council may be asked to respond promptly to urgent issues regarding health and public policy and fellowship candidates. Swift replies to these emails for these matters is expected and appreciated.



REGISTRATION



Virginia Chapter Speakers

TBA

Clinical Skills

Ophthalmoscopic Skills

Simon Lehtinen, MD FACP and Anthony Marino, MD FACP

April 3, 2025

8:00am - 9:00am

Clinical Triad

Advances in Cancer Screening

Alan Dow MD MSHA FACP

1:15pm - 1:30pm

Mini but Mighty Skills Session

How to Give and Receive Meaningful Feedback

Lisa Ellis, MD, MACP

2:45pm - 3:45pm

Panel

Navigating Career Transitions

Stewart Babbott, MD MACP

4:30pm - 5:30pm

Panel

Evaluating Patient Apps and Other Digital Health Tools for Internal Medicine: App-raising Evidence

John Whyte, MD MPH FACP

April 4, 2025

8:00am - 9:00am

Panel

Gender-Affirming Care: Health Policy and Practice

Jorge Ramallo, MD MPH FACP

11:00am - 12:00pm

Clinical Workshop

Know Yourself: Communicate Your Personal and Professional Message

Rebecca Pauly, MD FACP

April 5, 2025

7:00am - 7:45am

Meet the Professor

Managing Common Respiratory Infections: You Took My Breath Away

Christian Woods, MD FACP

11:00am - 12:00pm

Panel

Alternative Models for Primary Care

William Fox, MD MACP

1:30pm - 2:30pm

Meet the Professor

Outpatient Coding: Getting Paid for What You Do

Jeannine Engel, MD MACP

4:00pm - 5:00pm

Meet the Professor

Antibiotic Use in the Hospital: When and When Not to Prescribe

Jennifer Hanrahan, DO MSc

5:15pm - 6:30pm

Highlights

Internal Medicine Meeting 2025 Highlights and Doctor's Dilemma®:

The Finals

Stephen Biederman, MD FACP and Alan Dow, MD MSHA FACP

THE DC, MARYLAND & VIRGINIA CHAPTERS PRESENT

DIVIDATION AT IMM25

April 4, 2025 6:00 - 8:00 PM

Hosted at Audubon Aquarium

1 Canal St, New Orleans, LA 70130

Register: https://bit.ly/428DITr

Photo Courtesy of Audubon Aquarium



Hope to see you there!



Resolutions

Fall 2025 Resolutions

The ACP has a call for Resolutions twice each year for the Fall and Spring Board of Governors Meetings. The Board of Governors (BOG) Resolutions Process was instituted in 1985 as a means for the ACP membership to have formal input to the Board of Regents (BOR), the policymaking body of the College. A resolution reflects the grassroots voice of ACP. A resolution is a proposal that asks the ACP to take a position and/or an action. Any ACP member can submit a resolution to his or her ACP Governor for consideration by the local chapter council. A resolution consists of at least one directive ("Resolved clause") accompanied by supporting statements ("Whereas clauses"). If you have a proposal, please review the Resolutions Guide and submit it to the Governor. The deadlines to submit a Resolution for consideration are typically in May for the Fall BOG meeting and December for the Spring BOG meeting.

There is a current Call for Fall Resolutions! The deadline for submitting new resolutions to be heard at the Fall 2025 Board of Governors Meeting is March 28, 2025.

Help Promote Action Alert Urging Congress to Prioritize Health Care Issues

As a new Congress convenes, ACP is asking ACP members to urge their members of Congress to prioritize health care and pass legislation that addresses Medicare physician payment cuts, extends telehealth flexibilities long-term, and reforms the prior authorization process.

Background

The last Congress failed to pass legislation that would have addressed these issues in an end-of-year package. As a result, a 2.8 percent cut to physician Medicare payments went into effect on January 1, 2025, and a number of bipartisan health care policies were not finalized, including prior authorization reform and a long-term extension of telehealth coverage flexibilities. We need your help to get these critical issues resolved.

The 2.8 percent cut to Medicare physician payment that went into effect on January 1, is the result of complex budgetary rules and systemic flaws within the physician fee schedule (PFS). This is the fifth straight year that the final PFS rule includes an across-the-board cut to payment rates for physicians and other clinicians. Congress has passed legislation over the past four years to mitigate portions of these cuts, and needs to act again to stop the current cut.

Last year, ACP <u>supported</u> the Improving Seniors' Timely Access to Care Act, which would protect patients from unnecessary delays in care and reduce administrative burden on physicians by streamlining the prior authorization approval processes in Medicare Advantage. The legislation had bipartisan support with <u>231 cosponsors</u> in the House and <u>59 cosponsors</u> in the Senate. ACP supports a re-introduction of the Improving Senior's Timely Access to Care Act in the current Congress and its inclusion in any new package of health care legislation.

ACP has also supported a long-term extension of telehealth flexibilities that included the removal of geographic restrictions, expansion of originating sites required for telehealth visits, audio-only telehealth access and that allows for Federally Qualified Health Centers (FQHCs) and Rural Health Clinics (RHCs) to continue providing telehealth service. In the government-funding continuing resolution (CR) passed by Congress last month, these telehealth flexibilities were extended but only until March 2025 when the resolution expires. Congress will need to act again to extend these flexibilities.

Action Requested

Please send an email message to your members of Congress expressing the need to prioritize these important health care issues. A sample letter has been provided for you that can be personalized. Simply click on the "Take Action" link below, follow the prompts, and submit your letters electronically.

Act now!

Leading Physician Groups: Medicaid Program Must Be Protected

The statement below is issued by the American Academy of Family Physicians, the American Academy of Pediatrics, American College of Obstetricians and Gynecologists, American College of Physicians and American Psychiatric Association:

"For decades, the Medicaid program has provided health care coverage for millions of people, including children and parents, low-income adults, older adults, pregnant patients, individuals with mental health and substance use disorders and individuals with disabilities, in communities large and small, urban and rural. Our organizations, representing more than 400,000 physicians who serve millions of patients, are alarmed by proposals to implement cuts or other structural changes to Medicaid during the budget reconciliation process. Cuts to Medicaid will have grave consequences for patients, communities and the entire health care system. With reduced federal funding, it will be harder for patients to access care, states will be forced to drop enrollees from coverage, and it will limit the health care services patients can access and cut payment rates. Slashing already-low Medicaid payment rates will make it even harder for physicians to provide care to people covered under Medicaid and will ultimately increase health care costs as patients are forced to forgo vital preventive care.

Our members are not alone in support of Medicaid and concern for potentially reduced funding. Americans widely support Medicaid, with two-thirds of adults in the U.S. saying they have had some connection to the Medicaid program, through their own coverage or coverage of a loved one. Imposing arbitrary restrictions and limitations on Medicaid enrollment runs counter to the mission of the program, which is to provide people with the health care coverage--and peace of mind--that they need.

The impact of cuts to Medicaid funding is significant and wide-reaching, and it must be reconsidered. Medicaid is a lifeline for our nation's most vulnerable — from visits with a primary care physician, to maternal health care and pediatrics, to labor and delivery services, to behavioral health and to preventive care that saves lives. To that end, it is of the utmost importance that Congress protect this vital program."

Visit The New One-Stop Collection of ACP's Recent Advocacy Efforts

ACP advocates for you on policy changes that will make a difference in your daily work, your professional development, and your patients' health. For the latest advocacy efforts from ACP, visit the new one-stop collection featuring articles, statements, and ways you can take action on various campaigns.

Latest ACP Advocacy Updates:

- ACP shared its priorities with the presidential transition team, ahead of President Trump being sworn into office, and congressional leadership.
- ACP has also sent a letter to RFK Jr
- ACP has issued the following public statements:
- Reiterated the importance of vaccines and evidence-based public health policies
- Issued a joint statement with 5 other medical societies to protest the U.S.
 withdrawing from the World Health Organization
- Reaffirmed our commitment to advancing equity
- Issued a joint statement about the removal of data and guidance from federal websites
- Issued a joint statement about protecting Medicaid

ACP has signed on to the following amicus briefs:

State of Nebraska, et al., v. U.S. Environmental Protection Agency, et al.; Alliance of Nurses for Healthy Environments, et al. This case challenges the EPA's authority to reduce emissions by accelerating the adoption of electric trucks. The amicus brief that ACP signed onto in the case argues that the rule will achieve significant emissions reductions that are expected to benefit human health.

The below briefs are still to be filed:

PFLAG, Inc., et al., v. Donald J. Trump, in his official capacity as President of the United States. This case was filed by PFLAG, GLMA, and a number of adolescents and their parents against the executive order that President Trump signed seeking to functionally ban gender affirming care for individuals under the age of 19. The amicus brief that ACP signed onto in the case argues that the widely accepted guidelines for treating gender dysphoria were developed through a robust and transparent process and provide for gender-affirming medical care when indicated.

ACP is also in the process of signing onto another brief in a separate case also against the executive order on gender affirming care.

ACP is implementing several grassroots advocacy campaigns via the ACP's Advocates for Internal Medicine network that address protecting access to care for Medicaid enrollees, supporting the Medicare Patient Access and Practice Stabilization Act; and supporting funding for the NHSC and THCGME Programs.

ACP has reminded members that they have access to the following clinical resources:

- Adult Immunization Resource Hub
- Sex and Gender Health Learning Hub
- In the Clinic from Annals of Internal Medicine
- DynaMedex®

Annals of Internal Medicine published "Potential Clinical and Economic Impacts of Cutbacks in the President's Emergency Plan for AIDS Relief Program in South Africa: A Modeling Analysis" (2/11/25)

Lastly, there are two additional external items that may be of interest to you. There is a Stand Up for Science 2025 rally scheduled for March 7, 2025, in Washington, D.C., and in cities across the country. Second, physicians who are concerned about patients who are immigrants could consider sharing the "Know Your Rights" resource from the National Immigration Law Center.

ACP discontinued the ACP Connect app and will no longer be updating it effective February 28, 2025.



UNPAID DUES?

Act now and renew your ACP membership today!

If you haven't already, <u>renew your ACP membership today</u> to regain access to your member-exclusive educational and clinical benefits, valued at over \$6,000! As a valued member of ACP, your success is important to the internal medicine community.

Stay connected with the internal medicine community. Get free subscriptions to Annals of Internal Medicine® and DynaMedex®. You'll also get discounts on ACP MKSAPSM, Board Review courses, the annual Internal Medicine Meeting, and more. [If applicable, insert info about an upcoming chapter activity]

Don't let these valuable opportunities slip away—<u>renew now</u> and thrive with us!

Renew your membership today to explore all your member-exclusive benefits.

2024 Annual Meeting CLAIM CME

Meeting Hub - Slides are available

Upcoming Virginia ACP Meeting Dates

2025 Annual Meeting

September 26 - 27, 2025 Hilton Short Pump - Richmond

Other Important Dates

ACP IM Meeting

April 3-5, 2025 New Orleans, LA REGISTRATION

*Chapter Reception will be held on Friday evening starting at 6:00pm at the New Orleans Aquarium. Don't forget to book your hotel room! The New Orleans Marriott is the headquarter hotel.

ACP Leadership Day

April 28-29, 2025 Washington, DC