

ACP Saudi Arabia Chapter

Annual Meeting

Booklet

Join us for the ACP Saudi Arabia Chapter Annual Meeting 2024, a premier event bringing together medical professionals to explore the latest advancements in internal medicine, engage in dynamic workshops, and connect with experts from around the world. Alfaisal University, 5-7 September 2024.







- Welcome Message
- About us
- About The Meeting
- Organizing Committee
- Agenda
- Acknowledgments
- Sponsors
- Venue Map



WELCOME MESSAGE



Prof. Faisal Abaalkhail Governor ACP - Saudi Arabia Chapter

It is with immense pride and excitement that I welcome you to the ACP Saudi Arabia Chapter Annual Meeting. As the Governor, I am delighted to bring together our esteemed community of healthcare professionals for this significant event, where we will explore the latest advancements in medicine, share knowledge, and celebrate our collective achievements.

This year's meeting is designed to inspire and invigorate our commitment to excellence in the medical field. We have assembled a distinguished group of speakers and experts who will lead us through a series of lectures, hands-on workshops, and thought-provoking discussions. Their insights and experiences will undoubtedly enrich our understanding and broaden our perspectives on the evolving landscape of healthcare.

Beyond the formal sessions, this meeting offers a unique opportunity for networking, collaboration, and the exchange of ideas among peers. It is a platform where innovation meets tradition, and where the future of medicine in Saudi Arabia is shaped by the shared expertise of our vibrant community.

We are deeply grateful to our speakers, sponsors, and all who have contributed to making this event possible. Your dedication and support are the driving forces behind the success of our chapter and the impact we continue to make in the field of medicine.

I look forward to engaging with each of you during this event and to witnessing the growth and development that will emerge from our time together.

Thank you for joining us in this journey of learning, collaboration, and excellence in healthcare.

Sincerely,

Governor

ACP - Saudi Arabia Chapter

Dr. Faisal Abaalkhail



ABOUT

American College of Physicians (ACP)

ACP is the largest medical specialty organization in the United States with members in more than 168 countries worldwide. Our 161,000 members include internal medicine physicians, related subspecialists, and medical students.

ACP - Saudi Arabia Chapter

The membership of ACP is divided into 84 chapters and regions, each uniquely tailored to the needs and interests of its members.

Our Saudi chapter, supervised by the Governor Prof.. Faisal Abaalkhail, is committed to upholding these principles while also addressing the unique healthcare challenges and opportunities within our local context.



ACP Saudi Arabia Chapter ANNUAL MEETING

Join us to connect with leading medical professionals, attend expert-led sessions, and explore the latest advancements in Internal Medicine through engaging lectures, dynamic hands-on workshops, stimulating Doctors' Dilemma competitions, and innovative poster presentations.





Registration Fees

Price Plan	Annual meeting	Workshop	Annual Meeting + Workshop
ACP Members			
All	FREE	FREE	FREE
	Non	-ACP Members	
Student/Intern	100 SR	100 SR	170 SR
Resident	200 SR	200 SR	340 SR
Physician / employees	350 SR	300 SR	550 SR





LECTURE SERIES

Engage with experts as they present the latest advancements in Internal Medicine.



Gain practical skills through interactive, hands-on medical training sessions.



POSTER COMPETITION



· Showcase your research and innovations in our prestigious poster competition.

DOCTORS' DILEMMA

Test your knowledge in a lively and competitive medical challenge.







ORGANIZING



COMMITTEE



Prof. Faisal Abaalkhail

Governor Head of Organizing Committee ACP - Saudi Arabia Chapter



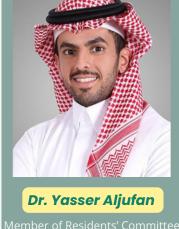
Dr. Abdullah Almahmoud



Dr. Maryam Ajeebi



Dr. Amnah Kashkari



PGY-2 Medicine Resident -KFSHRC



Ms. Beverly Joy Bo



Rojina FathAlrahman



Ahmed Alhawamdeh



Mohammed Albitar

Meeting Agenda



Meeting Programs

Day 1

Thu, 5 Sep 2024

Male Theater (LT.02)

• (4:00 - 7:30 pm)

• **(4:00 – 7:00 pm)**Doctors' Dilemma part 1

Workshop part 1

Clinical skills department

• (8:30 – 10:30 am)

Doctors' Dilemma part 2 Male Theater (LT.02)

• (10:30 - 11:30 am)

Board Review MCQs part 1 Male Theater (LT.02)

• (8:30 - 11:30 am)

Workshop part 2

Clinical skills department

• (1:00 - 5:30 pm)

Lecture series day 1 Male Theater (LT.02)

• (5:30 - 7:00 pm)

Board Review MCQs part 2 +3 Male Theater (LT.02)

• (12:00 - 3:00 pm)

Poster competition part 1

Male theater area

Day 3

Day 2

Fri, 6 Sep 2024

Sat, 7 Sep 2024

• (8:00 am - 5:00 pm)

Lecture series day 2 Male Theater (LT.02)

• (12:00 - 3:00 pm)

Poster competition part 2

Male theater area



Lecture Series

DAY 1

Fri, 6 Sep 2024 Alfaisal University, 1st Floor Male Theater (LT. 02)

Midisal Offiversity, 13th 1001 Male Tricater (E1. 02)			
Торіс	Speaker		
Welcome Remarks	Prof. Khaled Alkattan		
Moderator: Dr. Abdulaziz Alkhallaf			
Hypertension updates: 2024 Guidelines	Dr.Tawfiq Al Bassam		
Rheumatoid Arthritis for Internal Medicine	Dr. Faisal Al Belowi		
Update on the Use of Telemedicine Dr. Saleh Alshalash			
Q&A			
Moderator: Dr. Abdullah Alguwehez			
Updates on obesity pharmacotherapy	Dr. Ali Alshehri		
Updates on Diabetes Management: New Drugs, Approaches, and Guidelines	Dr. Abdulmohsen Baksh		
What is New on Fatty Liver Disease ?	Prof. Faisal Abaalkhail		
Q&A & Break			
Moderator: Dr Hatem Alnasser			
The Best Approach to Hyponatremia	Dr. Ameen Alahmadi		
Management of Headaches	Dr. Muath Alkhenizan		
Q&A			
	Moderator: Dr. Abdulaziz Alkhallaf Hypertension updates: 2024 Guidelines Rheumatoid Arthritis for Internal Medicine Update on the Use of Telemedicine Q&A Moderator: Dr. Abdullah Alguwehez Updates on obesity pharmacotherapy Updates on Diabetes Management: New Drugs, Approaches, and Guidelines What is New on Fatty Liver Disease? Q&A & Break Moderator: Dr Hatem Alnasser The Best Approach to Hyponatremia Management of Headaches		



Lecture Series

DAY 2

Sat, 7 Sep 2024 Alfaisal University, 1st Floor Male Theater (LT. 02)

Alfaisai University, 1st Floor Male Theater (LT. UZ)				
Time	Topic	Speaker		
8:00 - 8:05 am	Welcome Remarks			
	Moderator: Prof. Faisal Abaalkhail			
8:05 - 8:25 am	ACP Saudi Chapter Journey	Dr. Khalid Qushmaq		
8:25 - 8:45 am	Sleep Medicine Specialty in Saudi Arabia	Dr. Ahmed Salem Bahammam		
8:45 - 9:05 am	Highlights from ACP Meeting in Boston	Dr. Maryam Ajeebi		
9:05 - 9:15 am	Q&A			
	Moderator: Dr. Ali Aljanoubi			
9:15 - 9:35 am	COVID-19: Lessons Learned	Dr. Ali Albarrak		
9:35 - 9:55 am	Primary Immunodeficiency	Dr. Abdullah Almahmoud		
9:55 - 10:15 am	Updates on Inflammatory bowel disease management	Prof. Nahlah Azzam		
10:15 - 10:25 am	Q&A & Break			
Moderator: Dr. Yasser Tolba				
10:25 - 10:45 am	Hematological Emergencies	Dr. Walid Rasheed		
10:45 - 11:05 am	What is New on Anti-Coagulation ? Dr. Eman Alrajhi			
11:05 - 11:15 am	Q&A			
11:15 - 11:50 am	Sattelite Symposium by Novonordisk	Novonordisk		
11:50 - 1:00 pm	Prayer & Lunch			



Lecture Series

DAY 2

Continued

Sat, 7 Sep 2024 Alfaisal University, 1st Floor Male Theater (LT. 02)

Time	Торіс	Speaker		
1:00 - 1:20 pm	Sattelite Symposium by Eli Lily	Eli Lily		
	Moderator: Dr. Khalid Qushmaq			
1:20 - 1:40 pm	The Danger of Poly-Pharmacy	Dr. Salih Bin Salih		
1:40 - 2:00 pm	The Pre-operative Consult	Dr. Siraj Rajkumar Rajendram		
2:00 - 2:20 pm	Chronic Urticaria: What To Do?	Dr. Saad Alshareef		
2:20 - 2:40 pm	Hospital at Home for Elderly	Dr. Muhammad Alkushaim		
2:40 - 2:50 pm	Q&A			
Moderator: Dr. Salih Bin Salih				
2:50 pm - 3:10 pm	What's New on Coronary Artery Disease	Dr. Ahmad Alhammami		
3:10 pm - 3:30 pm	Cancer Screening	Dr. Fahad Almugbel		
3:50 pm - 4:00 pm	Q&A			
ACP ADVISORY COUNCIL FOR AWRDING				
4:00 pm - 4:10 pm	Doctor Dilemma Award			
4:10 pm - 4:20 pm	Poster Winner Awards*			
4:20 pm - 4:30 pm	Closing Remarks			



MCQs Based

Saudi Board Review

Fri, 6 Sep 2024 Alfaisal University, 1st Floor Male Theater (LT. 02)

10:30 – 11:30 am

Saudi Board MCQ of Hematology High Yield Facts for the Boards (Live streamed)

5:30 - 6:15 pm

Saudi Board MCQ of Rheumatology High Yield Facts for the Boards (Live Streamed)

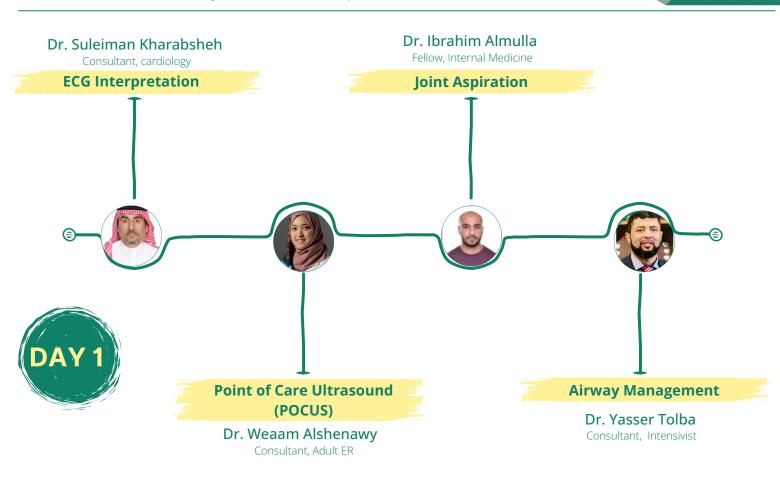
6:15 - 7:00 pm

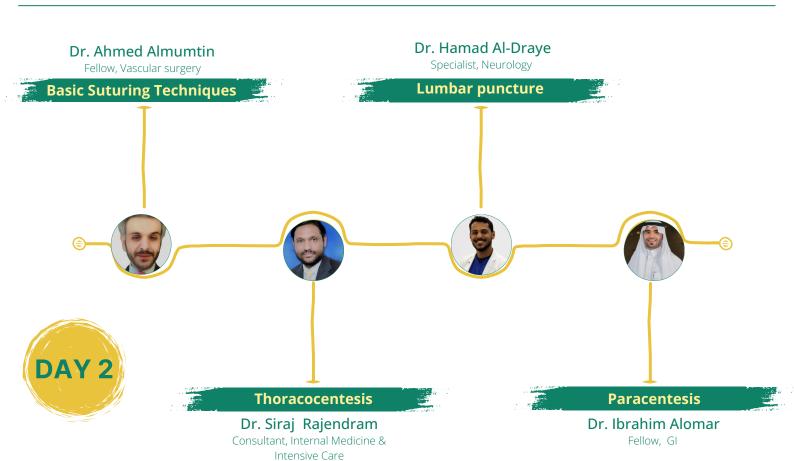
Saudi Board MCQ of infections Disease High Yield Facts for the Boards (Live Streamed)



Workshop

Thu-Fri, 5-6 Sep 2024 Alfaisal University, Clinical skills department, 2nd floor







Workshop

Thu-Fri, 5-6 Sep 2024 Alfaisal University, Clinical skills department, 2nd floor

	Titile	Objectives	speaker
Day 1 Thu, 5 Sep (4:00 – 7:00 pm)	Station 1 ECG Interpretation	 Brief lecture on ECG basics. Hands-on practice with ECG machines. Group discussion on interpreting sample ECG strips. 	Dr. Suleiman Kharabsheh
	Station 2 Point of Care Ultrasound (POCUS)	 Introduction to POCUS and its applications. Demonstration of ultrasound techniques. Hands-on practice with guidance. 	Dr. Weaam Alshenawy
	Station 3 Joint Aspiration	 Overview of indications and techniques for joint aspiration. Demonstration on models. Supervised hands-on practice. 	Dr. Ibrahim Almulla
	Station 4 Airway Management	 Introduction to airway management. Demonstration of intubation and bag-mask ventilation. Hands-on practice with feedback. 	Dr. Yasser Tolba



Workshop

Thu-Fri, 5-6 Sep 2024 Alfaisal University, Clinical skills department, 2nd floor

	Titile	Objectives	speaker
Day 2 Fri, 6 Sep (8:30 – 11:30 am)	Station 5 Basic Suturing Techniques	 Overview of wound closure techniques. Demonstration of various suturing methods. Hands-on suturing practice. 	Dr. Ahmed Almumtin
	Station 6 Thoracocentesis	 Understanding Indications and Contraindications Anatomy and Landmarks Preparation and Sterility Procedure Technique Ultrasound Guidance Complication Management Documentation and Sample Handling Patient Communication Practical Skills and Confidence Building Post-Procedure Care 	Dr. Siraj Rajendram
	Station 7 Lumbar puncture	 Understanding Indications and Contraindications Anatomy and Landmarks Procedure Technique Complication Management Documentation and Sample Handling Patient Communication 	Dr. Hamad Al-Draye
	Station 8 Paracentesis	 Introduction to Paracentesis Demonstration of Paracentesis techniques. Hands-on practice with machines. 	Dr. Ibrahim Alomar



DOCTORS' DILEMMA

Thu-Fri, 5-6 Sep 2024 Alfaisal University, 1st Floor Male Theater (LT. 02)

PSMMC

Riyadh

KFSHRC

Riyadh

KFMC

Riyadh

KSMC

Riyadh

DSFH

Jeddah

KAU

KFCH

azan

Dr Falah Almutiri

- Dr. Jawaher Jazaa Alotaibi
- Dr. Nuha Abdulrahman Althibait
- Dr. Azam Adnan Alzahrani

Dr Khaled Algarni

- Dr. Abdulelah Arishi
- Dr. Renad Alharbi
- Dr. Salman Alshuaibi

Dr Shaya Alshaya

- Dr. Hadeel Maher AlBayyat
- Dr. Khalid Ahmed Majrashi
- Dr. Mohammed Ali AlSaykhan

Dr. Ahmed S. Alrashah

- Dr. Najla Almarshad
- Dr. Mohammed Alahmadi
- Dr. Jamal F. Alenezi

Dr Arwa Fakeeh

- Dr. Ali Al-Attas
- Dr. Abdullah Al-Ghamdi
- Dr. Muhammad Bashnfer

Dr. Yahya Habis

- Dr. Rana Baghdadi
- Dr. Ahmed Al-Habshi
- Dr. Mazen Bakla

Dr Abadi

- Dr. Faiza Al-Yahyawi
- Dr. Salwa Safhi
- Dr. Muhammad Ageel



Poster Competition

Fri-Sat, 5-6 Sep 2024 Alfaisal University, 1st Floor Male Theater (LT. 02)

The Poster Competition at the ACP Saudi Arabia Chapter Annual Meeting is an exciting opportunity for medical students, interns, residents, fellows, and early career physicians to showcase their research, clinical cases, and innovative ideas. This competition serves as a platform for participants to present their work to a panel of esteemed judges and peers, fostering academic growth and professional development.

Judging Schedule

• Friday: 12:00 PM – 3:00 PM

• Saturday: 12:00 PM - 3:00 PM

Venue

- Alfaisal University
- First Floor around Male Theater

Categories

Medical Students/Interns

Residents/Fellows

Early Career Physicians

1 2 3 4 5

TOP 5 winners will be awarded and have their posters submitted to the ACP Annual Meeting in April 2025 in the United States.



Guidelines for Poster Preparation

All posters must be physically put up in the Venue (i.e., First floor hallways near Male Theater (LT.02)) one day before the competition (4 Sep, 2024) and only on the white board containing the specific poster codes.

Poster Presentation Guidelines

- Each poster will be mounted on a white board. The actual poster content will need to fit into an area of **100 cm wide X 180 cm high.** The poster will be placed on a white board **(110 cm wide X 200 cm high).**
- The following topics are suggested for inclusion in your poster in the following order: Title (project title, names and affiliations), Abstract, Project Objectives, Background, Materials and Methods, Results and Conclusions.
- Use as few words as possible. Bulleted lists are encouraged. Use at least 18-point font. Photographs, graphs, and schematics are best with descriptive figure titles.
- Keep everything as simple as possible and try to avoid overcrowding your poster. It is important that your poster is easily read by all.

Preparation of abstracts

- **Title:** Use a concise title that reflects abstract content. Do not use acronyms, abbreviations, and initials in a title.
- **Author/Institution:** When multiple authors submit an abstract, clearly identify one contact author and provide complete contact information. List author institution affiliation below each author's name, followed by the city of the institution, except when authors share the same institutional affiliation.
- Abstract: Abstract should include objective, methodology, main results, and conclusions. Do not use headers, references, charts, figures, or tables in the abstract, it should not exceed 500 words.





جامعة الفيصل Alfaisal University We extend our sincerest gratitude to Alfaisal University for generously providing the venue for our ACP Saudi Arabia Chapter Annual Meeting. Furthermore, we commend the institution for nurturing exceptional medical students who play a pivotal role in enriching and shaping this gathering.





Prof. Faisal Abaalkhail

Consultant, Gastroenterology & Hepatology King Faisal Specialist Hospital & Research Centre Professor of Medicine, Alfaisal University Expert in liver transplantation, with leadership roles in hepatology societies.



Prof. Khaled AlKattan

Consultant, Thoracic Surgery
King Faisal Specialist Hospital & Research Centre
Vise president of administration and finance,
Dean of college of medicine, Alfaisal University.



Dr. Akef Obeidat

Vice Dean, Quality Assurance and Accreditation Associate Professor of Anatomy & Medical education College of Medicine, Alfaisal University



Dr. Abdulaziz Alkhallaf

Consultant, Rheumatology and Executive Health Medicine King Faisal Specialist Hospital & Research Centre



Dr. Abdullah Almahmoud

Consultant, Gastroenterology and Hepatology Dr. Soliman Fakeeh Hospital Expert in digestive health, focusing on advanced hepatology and therapeutic endoscopy.





Dr. Abdullah Alguwehez

Consultant, Adult Endocrinology
Dallah Hospital
Associate Professor, King Saud University
Expert in diabetes, technology, and complications.



Dr. Abdulmohsen Baksh

Consultant, Internal Medicine & Endocrinology King Faisal Specialist Hospital & Research Centre Focused on immunotherapy and prevention trials in type 1 diabetes.



Dr. Ahmad Alhamami

Consultant, Interventional Cardiology and Heart Transplantation
King Faisal Specialist Hospital & Research Centre Specialist in complex coronary interventions.



Dr. Ahmed Almumtin

Consultant, General Surgery Royal Commission Health Services Vascular and Endovascular surgery fellow King Faisal Specialist Hospital & Research Centre



Dr. Ahmed BaHammam

Professor of Medicine, Pulmonary and Sleep Medicine King Saud University

Renowned expert in sleep disorders, with extensive leadership in academic and research settings.





Dr. Ali Albarrak

Consultant, Internal Medicine and Infectious Diseases Prince Sultan Military Medical City Leader in infectious diseases and public health with numerous publications.



Dr. Ali Aljanoubi

Consultant, Adult Critical Care Medicine
King Fahad Medical City
Associate Program Director of Critical Care Residency
and Fellowship Training Program



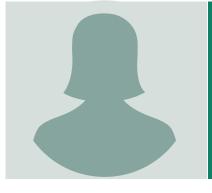
Dr. Ali Alshehri

Consultant, Obesity Medicine
King Fahad Medical City
Focuses on obesity-related complications and
metabolic disorders.



Dr. Ameen Alahmadi

Consultant, Nephrology and Internal Medicine King Faisal Specialist Hospital & Research Centre Director, Adult Nephrology Fellowship Program at King Faisal Specialist Hospital & Research Centre



Dr. Eman Alrajhi

Consultant, Internal Medicine King Faisal Specialist Hospital & Research Centre Specializes in thrombosis, with research contributions in the field.





Dr. Fahad Almugbel

Consultant, Medical Oncology King Faisal Specialist Hospital & Research Centre Specializes in GI/GU cancers and geriatric oncology.



Dr. Faisal Al Belowi

Consultant, Rheumatology King Fahad Medical City Experienced In characteristic features of lupus patients with neuropsychiatric manifestations



Dr. Hamad Al-Draye

Specialist, Neurology King Faisal Specialist Hospital & Research Centre Contributor to society with over 5000+ Volunteering hours and participating with 40+ Charities in Saudi Arabia



Dr. Hatem Alnasser

Assistant Professor & Consultant of Internal Medicine & Nephrology
Current Nephrology Division Head in KSUMC. Graduated his residency and nephrology fellowship as well as home therapies from University of Alberta Canada



Dr. Ibrahim Almulla

Fellow in Rheumatology King Fahad Medical City Interested in leadership and medical education with a focus on immunology.





Dr. Ibrahim Alomar

Senior Adult GI Fellow King Faisal Specialist Hospital & Research Centre Award-winning fellow with a focus on liver disease and gastroenterology.



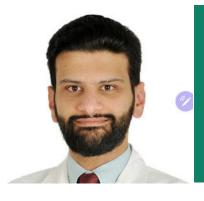
Dr. Khalid Qushmaq

Consultant, Internal Medicine & Rheumatology King Fahad Medical City Assistant Professor at King Fahad Medical City Specializes in rheumatology with contributions to healthcare administration.



Dr. Maryam Ajeebi

Resident, Internal Medicine King Faisal Specialist Hospital & Research Centre Engaged in research and international representation in medical competitions.



Dr. Muath Alkhunizan

Consultant, Family Medicine King Faisal Specialist Hospital & Research Centre Director, FM Residency Program. Adjunct Assistant Professor, Al Faisal University. Chairman, Educational Committee. Deputy Chairman, Research Committee.



Prof. Nahlah Azzam

Professor of Internal Medicine, Gastroenterology King Khalid University Hospital LAssociate Director for Assessment at postgraduate office (PGME), KSU. Leader in gastroenterology with extensive research publications.





Dr. Siraj Rajkumar Rajendram

Consultant, Internal Medicine & Intensive Care King Abdulaziz Medical City Clinician scientist with a focus on precision medicine and peri-operative care.



Dr. Saad Alshareef

Consultant, Allergy and Immunology King Faisal Specialist Hospital & Research Centre Specializes in urticaria and angioedema with international certifications.



Dr. Saleh Alshalash

Consultant, Cardiology King Fahad Medical City Specializes in interventional cardiology with a strong publication record.



Dr. Salih Bin Salih

Professor of Internal Medicine
King Saud Abdulaziz University for Health Sciences
Chairman, Department of Medicine
Professor, College of Medicine KSAU-HS
Associate professor, College of Medicine KSAU-HS



Dr. Suleiman Kharabsheh

Consultant, Cardiology King Faisal Specialist Hospital & Research Centre Director of cardiac critical care, with research and editorial leadership.





Dr. Tawfiq Al Bassam

Consultant, Internal Medicine & Hypertension Specialist Medical Reference Center Focused on clinical hypertension with numerous international certifications.



Dr. Walid Rasheed

Consultant, Hematology
King Faisal Specialist Hospital & Research Centre
Published extensively in hematology with a
focus on clinical practice.



Dr. Weaam Alshenawy

Consultant, Adult Emergency Medicine
King Faisal Specialist Hospital & Research Centre
Emergency medicine specialist with
international experience and contributions.



Dr. Yasser Tolba

Consultant Critical Care Medicine and Anaesthesiology Medical Director of Surgical Intensive Care King Faisal Specialist Hospital & Research Centre, Riyadh Associate Professor, Alfaisal University











جامعة الفيصل Alfaisal University Partenership

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Gold Sponsor



Silver Sponsor



Exhibitions and Conferences مستار للمعارض والمؤتميرات



Location

Alfaisal University Gate 3, College of Medicine new building



