Oklahoma Chapter Newsletter August 2024



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From the Governor's Office

Rhett Jackson, MD, MACP OK-ACP Governor

As we approach the end of another Oklahoma summer, I hope everyone has had a chance to take a little well-deserved time off. Of course, this is the time of year when the people of our state turn their eyes to the gridirons of Stillwater and Norman as the Cowboys take their best shot at a Big 12 title and the Sooners test the waters of the SEC. Join me in wishing both teams the best of luck!



Another fall tradition is our Annual Scientific Meeting. This year we will meet in Tulsa on September 27-28. Details of the meeting have been emailed out and are included in this edition of the newsletter. Ryan Yarnall has put together what should be an outstanding collection of speakers to address the care of our older patients – including sessions on dementia, fall prevention, osteoporosis, and palliative care. Our keynote speaker is John Flack, MD, MACP who currently serves as Professor and Chair of the Department of Internal Medicine at Southern Illinois University. Dr. Flack is an

authority on hypertension and serves as Vice-President of the American Society of Hypertension Specialist Board and is Associate Editor of the American Journal of Hypertension. Many of you may know Dr. Flack from his days as a student at the OU College of Medicine and his subsequent residency and chief residency on the OU Health Sciences Center campus. Dr. Flack is Master of the ACP and a past member of the ACP Board of Regents. We are lucky to have such a successful alumnus in the ACP and as a speaker at our annual meeting.

Overall, it should be an outstanding meeting, and I hope everyone will try to make it to at least one of the two days. It is a fantastic opportunity to catch up with colleagues and hear outstanding speakers present on topics of great clinical importance.

One final reminder. The ACP Board of Governors will meet in Boston the week before our annual meeting to discuss and vote on ACP resolutions. I welcome all of your comments on the resolutions and am happy to carry them forward when I meet with my Governor class on September 3. You can access the resolutions through the following link on our **Oklahoma Chapter Website**. Feel free to email any comments you might have to <u>Kathy Musson</u> or to <u>myself</u>.

Thank you for your membership in the ACP and for the challenging work you put in taking care of patients, teaching, doing research, and carrying the flag of internal medicine.

Oklahoma Chapter In-Person Scientific Meeting Tulsa September 27 & 28

Ryan Yarnall, MD, FACP Chair, Program Committee

Plan now to attend the 2024 ACP Oklahoma Chapter's Annual Scientific Meeting entitled "*Updates on Care for the Older Patient.*" Dr. Ryan Yarnall is serving as the program chair and Dr. Rhett Jackson is overseeing as Governor of the ACP Oklahoma Chapter. The meeting will occur in-person on Friday, September 27th and Saturday, September 28th at the Schusterman Learning Center at the Tulsa College of Medicine.



This meeting continues to be the largest meeting of internists in Oklahoma and attracts physicians and trainees from private practice, university faculty, fellowship, residency, and medical school. The meeting has been approved for 8 hours of AMA PRA Category 1 Credit(s)TM from the American College of Physicians as well as 8 hours of MOC credits. We are excited about our panel of speakers presenting new and relevant topics under a particularly timely theme.

To attend, you must register in advance. Registration is free for Residents, Fellows, and Medical Students. For ACP Members, registration is \$225; For non-members, it is \$275. You can access the meeting hub for registration, the meeting agenda, and other information at the following link:

Oklahoma Chapter Website 2024 Annual Scientific Meeting

Join us for an Early Career Physician Meet and Greet Special Event

As part of the Chapter's commitment to fostering professional development and networking opportunities, the Oklahoma Chapter is excited to offer an exclusive Early Career Physician "Meet and Greet" being held in conjunction with the Oklahoma Chapter's Annual Scientific Meeting in Tulsa!

This casual and informative event will be held Friday, September 27th from 7:30 to 9:30. This event will take place in the mixed indoor/outdoor space at McNellie's downtown (409 E 1st St, Tulsa, OK 74120). The purpose of the event is to give early career physicians (ECP) in Oklahoma a chance to relax, socialize, and provide suggestions for future ECP events. There will also be free drinks and food!

To attend the event, you do not need to be registered for the ACP Oklahoma Scientific meeting or have a formal membership within ACP. Please feel free to spread knowledge of this event to other early career physicians who may be interested in your internal medicine groups. A guest including your significant other is welcome to attend.

Questions and RSVPs? Contact Early Career Physicians Co-Chairs Ryan Yarnall or Salar Faiazi.

Call for Abstracts for Oklahoma Chapter Resident Competition

2024 Abstract Competition

On behalf of the Oklahoma Chapter Scientific Meeting Committee, we invite all fellows, residents, and students to submit abstracts in the following categories:

- Basic Research
- Clinical Research
- Quality Improvement/Patient Safety
- High Value Care
- Physician Well-Being and Professional Fulfillment
- Clinical Vignette

The deadline for submissions is **Sunday**, **September 8** at midnight. Note: You must be logged onto the ACP website in order to access the submission form.



For more detailed information and to submit your abstract, please refer to the <u>Abstract Instructions</u> document. If you have any questions about the abstract competition or deadline, contact <u>Ryan Yarnall, MD, FACP</u>

Let Your Voice be Heard - OK-ACP Town Hall Meeting - September 28

Join your colleagues for an engaging and informative Town Hall Meeting hosted by the Oklahoma Chapter of the American College of Physicians. This event, held at 12:00 p.m. during the Oklahoma Chapter Scientific Meeting in the Schusterman Auditorium, will provide a unique opportunity for members to connect with chapter leaders, council members, chairs of the OK-ACP committees, and fellow physicians collaboratively and dynamically.

Highlights of the OK-ACP Town Hall Meeting:

- **Meet the Leadership:** Engage with key figures in our local chapter, including officers, council members, and committee chairs, as well as a national representative who served on the ACP Board of Regents, John Flack, MD, MPH, MACP. Gain insights into the latest developments and strategic initiatives at both the local and national levels.
- Interactive Discussions: Participate in open discussions about current challenges and opportunities facing our profession. Share your perspectives and hear about the chapter's plans and goals for the coming year.

This is an excellent opportunity for all members, students, and residents to stay informed, contribute to the direction of our chapter, and enhance their professional network. Your participation is crucial for the continued growth and success of our chapter!

Oklahoma Chapter Receives Gold Chapter Excellent Award!



We are pleased to announce that the Oklahoma Chapter is in receipt of the Gold Level of the 2024 Chapter Excellence Award! The award recognizes extraordinary chapters surpass excellence in chapter management. We are in the company of 59 other outstanding To chapters. achieve the Gold Level. chapters must meet 20 Bronze criteria, 14 Silver criteria and multiple Gold level activities. Criteria include such activities as having a legislative action plan or agenda, holding multiple stand-alone meetings, having

revenue sources outside of dues and meeting registration fees, and, conducting various activities for Medical Students, Residents and Early Career Physicians. Thanks to those chapter members who assisted us in all of these endeavors! For their hard work and dedication, we received this award.

ACP Leadership Day held May 14-15 in Washington DC

On May 14-15, Lyndsey Jones, Chair of the Legislative Advocacy Committee, Salar Faiazi, MD, representing the Early Career Physicians Section joined OU-OKC Residents Shana Usiukiewicz and Olivia Gordon and OU-Tulsa Residents Karli Shelton and Pooja Mallipaddi, to attended ACP Leadership Day in Washington, D.C.

In addition to attending the Advocacy Training, the attendees arranged meetings with members of the Oklahoma Congressional Delegation and/or their healthcare policy advisors to update them on key policies of concern that directly impact internal medicine physicians and patients. For more information about OK-ACP Legislative Advocacy Committee, contact Lyndsey, Jones, MD.

ACP Leadership Day – Washington, DC May 14-15, 2024









Lyndsey Jones, with the OK-ACP Leadership Day team Salar Faiazi, MD, Shana Usiukiewicz, Olivia Gordon, Karli Shelton, and Pooja Mallipaddi conduct hill visits at the US Capitol.

Empower Your Advocacy: Introducing ACP Comprehensive Toolkit

The ACP is excited to announce the launch of a new Advocacy <u>Toolkit: Using Your Voice as a Physician Advocate</u>, a powerful resource designed to equip medical students and physicians with the skills and knowledge needed to become effective advocates for health care in their communities. This toolkit comprises five self-contained and

independent modules, each presented as engaging voice-over PowerPoint presentations. Whether you are a seasoned advocate or new to the field, these modules offer valuable insights and practical guidance.

Also, the Oklahoma ACP Chapter continues to request from our members if you have any connections or special ties with elected officials at both the state and national levels. If so, please provide the name of the elected official to OK-ACP Executive Director Kathy Musson. The Chapter will use this information to ask you to reach out to them to express the Chapter's positions on any proposed legislation that pertains to the field of Internal Medicine. Thank you in advance for your membership and leadership in this avenue.

Help Your Chapter – Get Involved!

Our Chapter needs volunteers to be on all our committees and serve the Chapter in other ways. Below, please find a description of one of our more pressing needs.

Membership Committee: We are always looking for physicians to be involved in our Membership Activities. Given the nature of its work, this committee benefits from new members who bring their own perspective as to why they joined and how the chapter can acquire and retain members. If you are or think you might be interested in serving on the membership committee, or would like to know more about other committees and councils in our Chapter, please reach out to OK-ACP Executive Director Kathy Musson.