

Fall 2024 Nebraska Governor's Newsletter

Governor's Message:

Art, music, poetry, books, all can be a respite from the stress of medicine. They provide an opportunity to engage with others, and may even offer a glimpse into someone else's experience in life. I am excited to start my first Governor's newsletter by sharing Dr Stephanie Hartman's stunning painting as encouragement for us all to remember that we are more than our titles, our jobs, our health systems. My hope for the next 4 years as Governor is that we can offer more opportunities for personal and professional connection throughout Nebraska, as we allow for more voices to be heard.



Title: 1000 cuts

We have many opportunities to learn and connect over the next few months, starting with the upcoming scientific meeting on Oct 12, in Omaha. We have an amazing group of speakers planned! This year we are also highlighting the creativity of our members. Share your creative endeavors (and be entered in a drawing for a Starbucks gift card). I also look forward to hearing what is on your mind at the town hall. What challenges are you facing in your practice. What energizes you? How can ACP do more good for our members and for healthcare in Nebraska. It is not too late to [register](#). If you have art work you'd like to submit, please send to Rachel @ ralloway@omahamedical.com

I am also thrilled to announce that Dr Chelsea Navarratte will be starting our new effort to help increase representation from all communities in our chapter. Nebraska is large state, and our chapter is compromised of members practicing in many settings from urban to rural, academic to private practice. We are primary care physicians, hospitalists and sub specialists from our own diverse communities, caring for all types of patients. I hope ACP Nebraska can be a place for all voices to be heard, and where we can learn and engage with each other so that we can better care for patients. If you are interested in being part of Dr Navarratte's effort, please reach out to Rachel @ ralloway@omahamedical.com

As contrast to Dr Hartman's work, I also offer this clinic crafting bonanza. Yes, I cleaned out my 9yo's art cabinet and dumped the supplies in our break room. Over the span of about week, our clinic team all helped personalize this canvas that now shines over our lunch tables. We had funny conversations, lots of good questions, and I suspect even lower stress levels. Art doesn't have to be fancy, it can be silly, fun even. Crafting too messy? Try a jigsaw puzzle on the table. No time for reading or writing poetry? Pin Mad Libs on your break room bulletin board, and be ready to laugh!



Title: untitled

How do you connect- with your patients, with your colleagues, with your team, with yourself?
How can ACP support your practice?

I would love to hear y'all's experience and how you want to be involved in ACP Nebraska.

Dr. Lauren Nelson nelson.lauren08@gmail.com

-Lauren

Registration Now Open! Nebraska Chapter Scientific Meeting 2024

Registration is now open for the Nebraska ACP Scientific Meeting to be held October 14 2024, at the Harper Center on Creighton University Campus, Omaha NE. We have a robust and dynamic meeting planned including several educational presentations, a town hall, abstract finalist and Doctor's Dilemma competitions. We are also excited to announce that Dr. Ankita

Sagar, MD, MPH, FACP will be speaking and delivering an ACP update. Please use [this link](#) to secure your registration.



ACP's 2023-2024 Annual Report Now Available

ACP is pleased to announce the release of the [2023-2024 Annual Report of the Executive Vice President and CEO \[r.mail.acpmembership.org\]](#), which highlights the College's efforts, activities and progress made in support of Internal Medicine physicians, and to advance the profession of Internal Medicine.

Internal Medicine Meeting

This year the ACP Internal Medicine Meeting (IMM) was held in person on April 18-20, 2024, in Boston, MA. From scientific sessions to abstract competitions to Convocation, ACP's Internal Medicine Meeting was an engaging event and was attended by thousands of physicians this year.



Congratulations to UNMC team of Drs. Brett Begley, Austin Barry and Blake Kooima who participated at the 2024 IMM Doctor's Dilemma competition. They took home 6th place out of 60 teams. Great job!

The Internal Medicine Meeting next year will be held in **New Orleans, LA on April 3-5, 2025.**

Health and Public Policy Committee

- Leadership Day 2025 is set for April 28-29, 2025! The event enables the College to increase its presence on Capitol Hill and raises our concern with U.S. lawmakers. ACP members receive two days of in-depth briefings on the College's legislative priorities and an opportunity to meet with elected officials. More details and the Scholarship application form can be found [here](#).



- The 2025 ACP Health Policy Internship application cycle is now open. Please complete [the application](#) and submit all materials by **October 31, 2024**.
- Please remember to [register to vote](#).

By using the link above or this QR code



Early Career Physicians (ECP) Committee

We had a great turnout for our ECP/Internal Medicine Resident event on May 28, 2024, at Vis Major Brewing Co.! Thank you to our event speakers David Stearnes, DO, Andrew Moellering, MD, Katherine Maliszewski, MD,. Stay tuned for more planned events!



Wellness Committee

Nebraska ACP would like to welcome our new Wellness Committee Chair and Nebraska ACP Wellness Champion Carrie Hoarty MD, FACP. The Wellness Committee is currently planning events for this fall & winter.

Congratulations to our new Nebraska ACP Fellows!

Congratulations to the Nebraska Chapter's newest Fellow. Fellowship in the College is an honor. Being an FACP® is a distinction earned from colleagues that recognize your accomplishments and achievements over and above the practice of medicine. The most important considerations for ACP Fellowship are excellence and contributions made to both medicine and to the broader community in which the internist lives and practices. If you are interested in becoming a Fellow or have questions reach out to Dr. Suzette Clark or Rachel Alloway.

- Bruce Houghton, MD, FACP
- Carolyn Manhart, MD, FACP
- Chad Vokoun, MD, FACP

Medical Student Council and Resident Council

We want you to join our Medical Student Council and Resident Council!

Please let us know if you'd like to join the Councils, we'd love to see you!

As always, follow us on Twitter, @Nebraska_ACP, for the latest news and information!