



Michigan  
Chapter

# ERAS Application TIPS AND TRICKS

## GENERAL TIPS

- Once you certify your application, you can only edit personal information
- Try to limit redundancy between application and personal statement by describing experiences through different perspectives
- Brevity is key, as programs will have hundreds-thousands of applications to sift through
- Remember to describe yourself, does not have to be unique, just real and these make for the best conversation starters during interviews
- Work on supporting documents early, remember processing times involved

- You have a maximum of ten experiences, to portray yourself
- Classify type of experience, primary focus and key characteristics (helps group multiple experiences if needed)
- Include three meaningful experiences, need not be academic, could even be a hobby that defines you as a person
- Bullets vs. paragraph is up to you (it does not make a difference as long as it's clear)
- Avoid adding information that is untrue

## EXPERIENCES

## SIGNALING & GEOGRAPHICAL

- Rather new, everyone still trying to figure it out
- More to come, and here's some data so far
- Division preferences only seen by those in the region of your preference, nothing seen by those in the region you have not selected
- Internal medicine has 3 gold and 12 silver signals - to indicate programs you hope to receive interviews from, and gold vs. silver should not have a significant impact

- Use established resources at your institution
- Ask a trusted colleague in medicine to review your application
- Have someone who knows you well read your personal statement
- Use a proofreading service
- Don't overthink it
- Check out the ERAS frequently asked questions

## NEED HELP?