***CALENDER OF ACTIVITES FOR CRAB – 24/25***

***Please share these dates and chapter activities with your residents and faculty:***

**Soccer Tournament – TUESDAY, September 24, 6:00 PM, Brooklyn Park Youth Fields**. Look for flyer and request for teams within the next 2 weeks.

**Volunteerism Activity –WEDNESDAY, September 11, 6:30 PM at The Light House Prevention and Support Center in Annapolis.** Plans are to provide information about healthy diet, vaccines, cancer screenings at various ages, and info re lung diseases.Just let Maryellen know at [mew4work@aol.com](mailto:mew4work@aol.com) if you can assist.

**Melting Potluck Dinner – THURSDAY, December 5, 6:30 PM – Alagia Auditorium, Ascension St. Agnes** – Presentation to be selected. Please bring a dish to share and we hope a few people will be able to tell a story about a holiday tradition or family activity after the formal presentation.

**Doctors Dilemma Contest – SATURDAY, January 25, 1:15 to 5:00 PM at Turf Valley**, or better yet, join us for the whole ACP Maryland Chapter Meeting starting Friday January 24 through-Saturday January 25. Great talks, and residents and students join for free.

**Mulholland Mohler Residents meeting – THURSDAY, May 1, 2025 at St. Agnes Hospital, 8:00 Registration**

We have a very active chapter, so will let you know as other events are scheduled.

***SUGGESTIONS FOR PROPOSED ACTIVITIES***

**We also had suggestions for future activities.  Look for additional information about some of the following:**

Presentation geared for Resident Finances

Presentation on wellbeing & burnout – perhaps some type of physical activity like hiking

Develop some type of activity during Resident Appreciation week for each program

Mentoring Students – Plan a Social with them and some good games of Trivia

Fellowship Tract – How Best to Accomplish – early May 2025

Learn About Baltimore – Film Festival – Show Baltimore films on issues of special interest in the metro area – ie, the Dirt Bikers and their Impact; East Baltimore group that works with youth

Develop Noon conference with assistance of ACP presenters by sharing great speakers in a google doc listing their topic of interest or using the new What’s Up APP.

Having Chiefs attend Morning Reports and programs sponsored at other area programs

***As you can see – much accomplished and we truly appreciate the sponsorship by all of our programs.  We  hope to host another CRAB meeting sometime in February 2025.  Look for details as 2025 approaches.***