# CALENDER OF ACTIVITES FOR CRAB - 24/25

## <u>Please share these dates and chapter activities with your residents and faculty:</u>

**Soccer Tournament – TUESDAY, September 24, 6:00 PM, Brooklyn Park Youth Fields**. Look for flyer and request for teams within the next 2 weeks.

Volunteerism Activity – WEDNESDAY, September 11, 6:30 PM at The Light House Prevention and Support Center in Annapolis. Plans are to provide information about healthy diet, vaccines, cancer screenings at various ages, and info re lung diseases. Just let Maryellen know at <u>mew4work@aol.com</u> if you can assist.

Melting Potluck Dinner – THURSDAY, December 5, 6:30 PM – Alagia Auditorium, Ascension St. Agnes – Presentation to be selected. Please bring a dish to share and we hope a few people will be able to tell a story about a holiday tradition or family activity after the formal presentation.

**Doctors Dilemma Contest – SATURDAY, January 25, 1:15 to 5:00 PM at Turf Valley**, or better yet, join us for the whole ACP Maryland Chapter Meeting starting Friday January 24 through-Saturday January 25. Great talks, and residents and students join for free.

#### Mulholland Mohler Residents meeting - THURSDAY, May 1, 2025 at St. Agnes Hospital, 8:00 Registration

We have a very active chapter, so will let you know as other events are scheduled.

## **PROPOSED ACTIVITIES**

#### Look for additional information about some of the following:

Presentation geared for Resident Finances

Presentation on wellbeing & burnout - perhaps some type of physical activity like hiking

Develop some type of activity during Resident Appreciation week for each program

Mentoring Students - Plan a Social with them and some good games of Trivia

Fellowship Tract - How Best to Accomplish - early May 2025

Learn About Baltimore – Film Festival – Show Baltimore films on issues of special interest in the metro area – ie, the Dirt Bikers and their Impact; East Baltimore group that works with youth

Develop Noon conference with assistance of ACP presenters by sharing great speakers in a google doc listing their topic of interest or using the new What's Up APP.

Having Chiefs attend Morning Reports and programs sponsored at other area programs

As you can see – much accomplished and we truly appreciate the sponsorship by all of our programs. We hope to host another CRAB meeting sometime in February 2025. Look for details as 2025 approaches.