



ACP CHAPTER WELL-BEING CHAMPION “JOB DESCRIPTION”

Background

ACP Well-being Champions (WBCs) are ACP members and well-being leaders who uphold the voice of ACP chapter members through promoting the rationale for investing in clinician well-being, sharing key evidence-based strategies to improve clinician well-being and professional fulfillment, and fostering the development of chapter-based communities that support well-being and professional fulfillment.

Well-being Champion Benefits

- (1) Build your CV and advance your own professional development including chapter leadership, presentations, and publications.
- (2) Obtain skills and tools to enhance your own well-being and professional fulfillment.
- (3) Obtain skills and resources to advance well-being in your own organizations and practices.
- (4) Learn from and collaborate with more than 250 emeritus and current WBCs and other experts.
- (5) Earn CME/ MOC for eligible WBC activities.
- (6) Receive personalized coaching during the 3-year term (up to \$2K value).
- (7) Develop meaningful connections with colleagues and become a part of the WBC community.

Specific Well-being Champion Requirements:

- (1) Commit to a three-year volunteer term that begins with the completion of WBC training.
- (2) The estimated time commitment for this position is 2 hours per month.
- (3) Participate in mixed mode training provided free by ACP (value of around \$10,000).
 - (3.1) Initial Training - 12 hours total training time
 - a. Complete an online curriculum, and virtual live sessions from April through June 2025
 - b. Attend the ACP QI Leadership Training Pre course at Internal Medicine Meeting or complete the member exclusive QI Online Curriculum: Best Practices to Achieve Meaningful and Sustainable Improvement and Help Enhance your Well-being Programming in April 2026
 - (3.2) Completion of Final Leadership Project with support from an ACP Physician Peer Coach (3 sessions)
 - a. By the end of the three years of service, complete a final project designed to meet the unique needs identified in the initial needs assessment with support of an ACP Physician Peer Coach.
 - b. Integrate well-being and/ or professional fulfillment information and strategies into chapter programming, activities, and communications.
- (4) Participate in one on one and group coaching calls and cross collaborate with other chapter WBCs to amplify best practices and foster communities.
- (5) Track and document all efforts in the WBC Activities Tracker.