

**ACP Atlantic Provinces Chapter  
Annual Scientific Meeting 2024**

**Theme: Diabetes and Obesity**

**November 1-2, 2024**

**In-person (Memorial University) / Video Linked: Halifax and Saint John**

## **NOVEMBER 1, 2024**

**Location:** Room 1M101 – Dr. Richard Fagan Lecture Theatre. Faculty of Medicine, Memorial University. 300 Prince Philip Drive. St. John's, NL A1B 3V6.

- **6:00-7:00pm Diabetes Technology in 2024: Exploring our Biases – Dr. Alice Cheng, Toronto**
  - Discuss the current state of the art diabetes technologies available in Canada.
  - Self-reflect on explicit and implicit biases HCPs have when considering diabetes technology for a given patient.
  - Apply the above learnings to clinical practice.

## **NOVEMBER 2, 2024**

**Location:** Memorial University. Room 1M101 – Dr. Richard Fagan Lecture Theatre.  
**Registration:** Room 1M102 – Gronich Lecture Theatre.

- **8:00-9:00am Networking, Refreshments, Poster Display, Exhibits**
- **8:30-9:00am ACP Atlantic Provinces Chapter Town Hall – open to all!**
- **9:00am Welcome and Opening Remarks**
- **9:10-10:10am Epidemiology of Diabetes and Obesity: Social Prescribing in Medicine: Implications for Diabetes Care – Dr. Sahar Iqbal, St. John's**
  - Define the concept of social prescribing in the context of medicine and diabetes management.
  - Explore the principles of ecotherapy, including blue and green prescribing.
  - Summarize the ongoing research from two studies being conducted in the Netherlands.
- **10:15-11:00am MASH (NASH/NAFLD) Updates – Dr. Magnus McLeod, Halifax (Virtual presentation)**
  - Explain the underlying mechanisms and progression of MASH, NASH, and NAFLD.
  - Identify clinical and diagnostic criteria, including imaging and biomarker assessments, for accurate diagnosis.
  - Review current and emerging pharmacological and non-pharmacological treatment strategies for managing MASH, NASH, and NAFLD.
  - Discuss the role of diet, exercise, and weight management in the prevention and management of MASH, NASH, and NAFLD.
  - Identify potential complications and associated comorbidities, such as cardiovascular disease and diabetes, to optimize patient care.

- **11:00-11:45 Bariatric Sx Update – Dr. Vanessa Falk, St. John’s**
  - Describe the various bariatric surgery procedures, including gastric bypass, sleeve gastrectomy, and adjustable gastric banding, and their indications.
  - Identify criteria for patient selection and preoperative evaluation for bariatric surgery.
  - Discuss postoperative care protocols, including nutritional management, follow-up strategies, and monitoring for complications.
  - Review the long-term outcomes of bariatric surgery, including weight loss maintenance, resolution of comorbidities, and quality of life improvements.

### 11:45 -1:00pm Lunch Provided. Networking, Visit the Exhibits, Peruse the Posters.

- **1:00-1:45pm – Diabetes Risk Reduction Strategies: The Foot Edition – Dr. Zaina Albalawi, St. John’s**
  - •Recognize the evolving burden of diabetes foot complications.
  - •Overview of limb preservation: key principles & future directions.
  - •Adapt clinical pathways into your practice.
- **1:45-2:30pm Diabetes Guidelines 2024 – Dr. Brian Moses, Halifax**
  - Summarize and compare the Diabetes Canada and ADA/EASD 2024 Guidelines for the management of Type 2 Diabetes.
  - Discuss strategies for individualizing care for patients with T2D.
  - Review evidence for optimizing outcomes in diabetes beyond A1C.
- **2:30-3:15pm Long Covid/PASC: An unmet treatment need – Dr. Iram Anees, St. John’s**
  - Review the burden of long Covid internationally and in Canada.
  - Discuss current research into pathophysiology of the illness.
  - Identify potential treatment options.
  - Become familiar with the RECLAIM Trial.

### 3:15-3:30 Networking Break, Visit the Exhibits, Peruse the Posters

- **3:30-4:00 pm Seniors' Experiences of Living with Type II Diabetes in Newfoundland & Labrador: An Exploration Using the Digital Storytelling Approach – Abdullah Omar Saif, St. John’s**
  - Understand seniors lived experience with diabetes care in NL.
  - Elucidate gaps in understanding of diabetes control.
  - Recognize the impact of narrative approach in care of seniors with diabetes.
- **4:00-4:45 pm Abstract Presentations** *(Three presentations; 10 minutes each plus 3mins Q&A)*  
**Learning objectives**
  - Describe unusual presentations of common diseases and common presentations of rare diseases.
  - Become familiar with the characteristics of engaging and educational case presentations.
  - Recite updates on current research in the field of general internal medicine.
  - Apply QI methodology to the care of internal medicine patients.
- **4:45 pm Closing Remarks, Abstract winner announced.**

**Register today [by clicking here!](#)**

#### VIDEO LINKING AND REFRESHMENTS

- For those in Saint John, NB, Saturday’s scientific sessions will be video linked from the Saint John Regional Hospital.
- For those in Halifax, NS, the video link will be available from Nova Scotia Health Innovation Hub 1625 Grafton Street, 13th Floor, South Tower, Meeting Room #1306.



# Atlantic Provinces Chapter

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2024 REGISTRATION RATES	INFORMATION
<p>ACP Members, Fellows – \$50 Physicians: Non-ACP Members – \$75 Diabetes Educators, Dieticians – \$25 ACP Resident Members – Free Residents: Non-ACP Member – \$25 Medical Students/Masters/PhD – Free!</p>	<p><b>ACP Atlantic Provinces Chapter</b> <a href="mailto:acpcanada@outlook.com">acpcanada@outlook.com</a></p> <p>Registration fees are non-refundable after October 21, 2024. Note there will be a \$10.00 administration fee for all cancellations.</p>

Students must provide their student ID at the live event in St. John's.

**Registration Link:** <https://www.med.mun.ca/oped/programs/4766!>

**Format:** Hybrid (In-person and Virtual). Webex link will be emailed to registrants 24 hours before the talk.

**Recording:** All sessions will be recorded.

**Program Information:** Anuj Charan, Educational Specialist – Email: [acharan@mun.ca](mailto:acharan@mun.ca) or [pdmed@mun.ca](mailto:pdmed@mun.ca).

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### MARK YOUR CALENDARS!

**2025 Annual Scientific Meeting**  
**ACP Atlantic Provinces Chapter and the**  
**[Canadian Society of Internal Medicine](#)**  
**October 15-18, 2025**  
**Halifax Convention Centre**

*Program subject to change.*