(https://www.acponline.org/about-acp/chapters-regions/united-states/alaska-chapter)

Greetings to all ACP members! I hope everyone is getting ready for another fabulous Alaskan summer. It's been a busy spring – here are some of the chapter highlights...

Chapter Changes

New Executive Director

Thank you for your service

Julie Lake is stepping down as our executive director. She has been instrumental in the development of all our chapter programs, maintaining our financial viability, and representing our interests at the national level. Thank you, Julie for your dedication and guidance.



Welcome

Sarah Luebbert from Missouri will take over the executive director duties. She is managing several ACP chapters and has a lot of experience. You may have met one of her team members, Jennifer Richards, at our Alaska meeting in April. Welcome to Sarah and Jennifer!

Announcing New Council Members

I am pleased to welcome our new council members Megan Roosen-Runge, Eric Stewart (treasurer), and Kathleen Judd. I would also like to recognize Bob Bundtzen for serving as treasurer for many years and for being a dedicated and active member of our chapter. Other council members stepping down this year include John Bramante, Liz Ferucci, and Julie McCormick – thank you for your years of service!

Thank you for joining us!

ACP AK Chapter Meeting April 2024

The Alaska ACP Chapter meeting was a big success. It was good to connect face-to-face with so many chapter members. We strive to host a quality meeting with with a rich educational and diverse agenda to appeal to everyone. Plans are underway for next year's meeting, tentatively scheduled for June 2025 in downtown Anchorage.

If you are interested in participating in the planning committee or have a topic/speaker in mind please contact us (mailto: acpalaskachapter@gmail.com?subject=AK%20ACP%20Committee%20Inquiry%20)!



Your council at the strategic planning meeting





Dr. Church presents Dr. McMahon with the chapter excellence award

Leadership Day 2024

Leadership Day in Washington DC wrapped up in May with a wonderful turn out from our dedicated members. Stay tuned for a report from our Health and Public Policy Committee (HPPC) and information about upcoming advocacy events. Applications to attend the next Leadership Day will be distributed January 2025.

2023 Chapter Excellence Award



Gold Winner!

I am pleased to announce that our chapter is again the recipient of the Gold Level of the 2023 Chapter Excellence Award! The award recognizes truly extraordinary chapters that surpass excellence in chapter management.

In order to achieve the Gold Level of the Chapter Excellence Award, chapters must meet 20 Bronze criteria, 17 Silver criteria, and multiple Gold level activities. Criteria includes such activities as having a legislative action plan or agenda, holding a volunteerism/community service activity, holding multiple stand-alone meetings, having revenue sources outside of dues and meeting registration fees, implementing a strategic plan, implementing a formal recruitment and retention plan and measuring outcomes, conducting various activities for Medical Students, Residents and Early Career Physicians.

I would like to extend a special thanks to those chapter members and administrative assistants who assisted us in all of these endeavors! For their hard work and dedication, we received this award.



Dr. Church accepts the Award from Dr. Southworth.

Milestone Anniversaries

Happy Anniversary from Alaska ACP!

Your ACP Chapter thanks you for your continued Membership and all you do every day to serve your patients and support the future of internal medicine.

We're proud that you've chosen us as your professional home, and we're committed to remaining by your side—advocating for and supporting your professional journey.

Share your ACP member pride

Spread the word about your milestone anniversary to your colleagues, friends, and family. Download and customize an interactive anniversary certificate (https://r.mail.acpnews.org/tr/cl/HBVdgdaln_u9OdF5nOFuLHkY7U2SrpvHr3mVLN_LSmvYGlhM6_tskq16BnNN3nkmofV-

UMin0VQtWPsCLvLEymIGml_w0ccfAjAMcfiIT2qo_0pTsP5d0S9qHMD7giUpXCkCteeZBddRHaUeQ0jEXYmLD3qHWAyJK4nNbfdzHZrBKaeazOBEpDtf7yE-LHIVNKQWfesrp67E2qLL2r03XjnwaEtRCDRSXF-FnTC593Wjxb8-GxTwwWcH4ho R4-

NtyonndFca8y9JzUxsk1prwFV9bHKyHdXjliF0SB15RRU0YHYvSMoPHlqFXJX9Am3VPtv6xsPfp3h4ELDXB9u1IU0DOy6kMNu-i2CZF3CovpvKCzcYr7-9MCnHh6FINEXM3AU6PfgoJjRsVIlr1z_FbcloRreZcTcNAqKScjnUfFYqixymfz0iYHR-NmiXojPX6eS91Y6K1a5) with your name to commemorate the occasion.

Member Anniversaries

5 Years

- Emma Coleman, DO
- Morgan Manley, DO

- · Linnea Smith, MD
- · Jacqueline Cox, MD

10 Years

- Brian Jeppesen, MD
- Emma Benzar Greer, MD, FACP
- · Benjamin Walz, DO, MPH, FACP
- · Ryan Webb, MD, FACP
- Ashley Gavin Shaw, DO
- · Gail Pokorney, MD, FACP
- Toni Biskup, MD, FACP

15 Years

· John K Botson, MD

20 Years

- · Patrick Nolan, DO, FACP
- · Shannon Smiley, MD



ACP Advocates for You

Your association addresses critical issues impacting internal medicine physicians, patients, and health care.

Resolution 15-S24

The Alaska ACP chapter sponsored Resolution 15-S24

(https://services.acponline.org/resolutions/ACPModules/PrintSingleResolution.aspx?ResolutionID=1365) which advocated for the Dietary Guidelines of Americans to use the National Academy of Medicine standards to develop clinical guidelines. Most recently, the Board of Regents approved this resolution and ACP will start the process of implementing the intent of the resolution into policy.

Congratulations and thank you to all who contributed!

If you would like to assist in future legislative efforts, join us for Leadership Day in 2025 or volunteer as a committee member!

Advocating Together Addressing critical issues important to our profession and patients

Call to Action

Are you concerned about a practice, clinical issue, or have an idea you'd like to suggest? If so, consider submitting a resolution to your Governor or chapter council. Initiating a resolution provides ACP members an opportunity to focus attention at the ACP national level on a particular issue or topic that concerns them.

Resolution Submission (https://www.acponline.org/user/login?destination=/advocacy/state-health-policy/acp-board-of-governors-resolutions-guide-for-acp-members%3Fcheck_logged_in%3D1)

AK ACP Committees

Advance your engagement

AK ACP has a number of committees that develop programming, events, assist in advocacy efforts, and more. Advance your association engagement, knowledge, and creativity by volunteering.

Committees and Volunteer Opportunities:

- Alaska ACP Chapter Council
- Chapter meeting planning committee
- Volunteerism committee
- · Early Career Physician committee
- Wellness committee
- Diversity, equity and inclusion champion (DEI)
- Membership committee

- · Health and public policy committee (HPPC)
- Leadership Day 2025 delegation member
- WWAMI student internal medicine interest group (IMIG)

There are many committee options available to suit your interests and focused efforts. Learn more or sign-up to make a difference today!

To get involved contact:

Emily Church | ecchurch73@gmail.com (mailto:ecchurch73@gmail.com?subject=AK%20ACP%20Committee%20Sign-Up)

Association | acpalaskachapter@gmail.com (mailto:acpalaskachapter@gmail.com? subject=AK%20ACP%20Committee%20Sign-Up)



Activity Survey

Answer this survey from the Early Career Physician and Wellness Committees!

We want to ensure our members are provided with engaging experiences that work with your schedule.

The ECP or Wellness Committees would like to know more about which activities you would like to see in the upcoming months. Let us know how we can best work for you as we work together to better our association!

Survey (https://app.smartsheet.com/b/form/eae11efeaa0245b4bd2503f8419cf3c1)

Membership



Continue to invest in yourself and your career

New Members

If you know somebody that isn't an ACP member and you think they should join, share the following information with them!

Special Offer for New Members: Don't miss this special opportunity to save \$100 on ACP Membership (https://www.acponline.org/membership/while-you-focus-on-patients-we-focus-on-you?utm campaign=FY23-24 MD Membership EML MD3237-

6A%20Spring%20Big%20M%20Acq%20Formers%20Prof%20Dev_June%203%209am&utm_medium=email&utm_source=Eloqua)! Offer ends June 30, 2024.

What your membership does for you

ACP Membership—Costs Hundreds, Worth Thousands

Members receive access to over \$6,000 in free educational resources, including CME/MOC opportunities and free subscriptions to *Annals of Internal Medicine* and DynaMedex®. Plus, get discounts on ACP MKSAPTM, the ACP Internal Medicine Meeting, Board Review courses, and more. And, ACP dues are tax-deductible—a special perk that comes with Membership.*

Network With Peers

Download the ACP Connect app to connect with like-minded professionals. Engage in mentorship and social interactions and receive support through our regional chapters. Attend the annual Internal Medicine Meeting to build your network as you learn.

Negotiate Like a Pro

Access Member-exclusive resources like complimentary salary data and deeply discounted contract review packages.

Strengthen Your CV

Be a judge in local or national ACP abstract competition, participate in Chapter Committees, or become an esteemed and valued FACP® to bolster your credentials and advance your career.

COMING SOON: ACP Physician Peer Coaching

Receive Member-exclusive 1:1 or group coaching to enhance your professional development and fulfillment.

Membership Dues

Current Members

It's that time of year where you will be receiving reminders from ACP about membership dues. If you haven't paid your dues yet, please do so by **July 1**. If you are unsure if you have paid, or if your institution has paid, please log on to acponline.org (http://acponline.org), go to My ACP, and check the status of your membership.

Renew Today (https://www.acponline.org/membership)

ACP Education

ACP has over 175 hours of CME available online!

Did you miss the Internal Medicine Meeting in Boston?

ACP allows you to revisit sessions, watch or listen to presentations delivered by world-class faculty and claim CME credit and MOC points throughout the year at your own pace.



Explore Now (https://www.acponline.org/featured-products/acp-cme-175)

Upcoming Events

Journal Club

Please join us for Journal Club in June. We welcome Dr. Tom DeLoughery from Oregon Health & Science University (OHSU) to give us an update on hematology. Check your inboxes for details

Date: June 22, 2024

Speaker: Dr. Tom DeLoughery, MD, MACP

Topic: Hematology

RSVP Today (mailto:ecchurch73@gmail.com?

subject=June%20Journal%20Club%20RSVP)



Changes in Salary Data and the Market

Do you know your fair market value? Join Kyle Claussen, JD, CEO of Resolve, as he reviews the newly released MGMA physician compensation data and shares how to utilize the data to strengthen your contract negotiations.

ACP Members Only Access

Date: July 11, 2024 Time: 3:00 - 4:00 PM ET Location: Webinar

Register Today (https://www.acponline.org/meetings-courses/webinars)



2025 Internal Medicine Meeting in New Orleans

The 2024 IMM event just wrapped up but if you missed out or loved it, schedule us in for next year!

- · Experience the best scientific program available for Internal Medicine physicians and subspecialists
- Build or refresh your clinical skills through hands-on learning opportunities
- · Make inspiring, lifelong connections at receptions and networking events
- Earn CME credits and MOC points

Date: April 3 - 5, 2025 **Pre-courses:** April 1 - 2, 2025

Location: New Orleans, LA, Ernest N. Morial Convention Center

Register Early (https://annualmeeting.acponline.org/?_ga=2.180666607.956199677.1717610052-

 $434492951.1707505366\&_gl=1*c7poc5*_ga*NDM0NDkyOTUxLjE3MDc1MDUzNjY.*_ga_PM4F5HBGFQ*MTcxNzY4OTU0OC4xMTEuMS4xNzE3NjkxNTM2LjYwLjAuMA..)$

Resources and News

Your Well Being

As part of ACP's Well-Being and Professional Fulfillment initiative, ACP has launched a collection of resources aimed at helping members improve their emotional well-being. As a recognition of the unprecedented stresses caused by the COVID-19 pandemic to internists and internists-in-training, ACP created the **I.M. Emotional Support Hub** to offer curated resources and information to protect physicians' emotional health and sustain ACP members' ability to care for those in need.

Resources include:

- Easily-accessible peer-support through the Physician Support Line
- free and affordable, confidential counseling through The Emotional PPE Project and The Therapy Aid Coalition.

Check out the hub for additional well-being tools and resources for individuals and organizations and to view all of ACP's Physician Well-being activities. For more information and questions, please contact acpwellbeing@acpprograms.org.

ACP Resources:

- "Managing COVID-19 in the Outpatient Setting (https://youtu.be/80YrLjYmbyE?si=uxXyEWl0gcVfjWYo)"
 - ACP's Physician to Physician Conversations video series has released a new episode with tips on best practices for physicians. The video features Diane Klein-Ritter, MD, FACP, and Jennifer Hensley, MD, FACP, internal medicine physicians based in Commack, N.Y.
- "ACP Recommends AI Tech Should Augment Physician Decision-Making, Not Replace It (https://www.acponline.org/acp-newsroom/acp-recommends-ai-tech-should-augment-physician-decision-making-not-replace-it)"
 - The use of artificial intelligence (AI) in clinical health care has the potential to transform health care delivery but it should not replace physician decision-making, says the American College of Physicians (ACP) in a new policy paper published today. "Artificial Intelligence in the Provision of Health Care
 (https://www.acpjournals.org/doi/10.7326/M24-0146)," published in the Annals of Internal Medicine, offers recommendations on the ethical, scientific, and clinical components of AI use, and says that AI tools and systems should enhance human intelligence, not supplant it.