



# **Excessive Alcohol Use and Alcohol Use Disorders: A Policy Brief of the American College of Physicians**

In this policy paper, ACP recommends an evidence-based, public health approach to excessive alcohol use and alcohol use disorder. In the paper, ACP calls for barriers to be removed to accessing treatment and more needs to be done to reduce binge drinking and heavy drinking among young adults and other high-risk populations.

***Annals of Internal Medicine* full text: <https://www.acpjournals.org/doi/10.7326/M23-3434>**