

# Testosterone Treatment in Adult Men with Age-Related Low Testosterone: A Clinical Guideline from the American College of Physicians (2020)

The American College of Physicians developed this guideline to provide clinical recommendations based on the current evidence of the benefits and harms of testosterone treatment in adult men with age-related low testosterone. Clinical outcomes were evaluated by using the GRADE system and included sexual function, physical function, quality of life, energy and vitality, depression, cognition, serious adverse events, major adverse cardiovascular events, and other adverse events.

**Annals of Intern Medicine full text:** <http://annals.org/aim/article/doi/10.7326/M19-0882>

**Summary for Patients:** <http://annals.org/aim/article/doi/10.7326/P19-0017>